

## **Ways to connect with the Records / Source :**

1. Images
2. Colours
3. Ideas
4. Numbers
5. Dreams
6. Ancient Language
7. Symbols
8. Downloads
9. Intuitive nudges
10. Sensations
11. Gut feelings
12. Tears of joy
13. Clairs
14. Voices
15. Presence
16. Essence
17. Recurring thoughts
18. Information
19. Openings
20. Assistance