

More Scripts

1. The common script given above to be recycled and used **to enter the tunnel** and meet your spiritual guide outside of the tunnel waiting for you. As you move out of the tunnel, you bask in various colours of light. These are pillars of beautiful colours which heal, cleanse and purify your aura so you are ready to meet your Guide and proceed further.

2. Now once you meet your Guide, use any of the metaphor / space given below :

A. Both of you can walk **through a beautiful garden** and reach a clearing in the center where you both can sit on 2 crystal or any seats and discuss the accessing of records.

B. You can **enter a hall full of rooms** and out of various rooms choose one room where you sit on a chair opposite your Guide and there is a table with a book. Then open the book and see the page and write in your journal and continue till you want this to close.

C. You can choose **the classroom method** where you are the teacher and there is a class full of negative and positive energy words (students) and you release (tell the negatives to leave the class). Get creative and use your own words and make your own interesting script here. Once class is only full of positives, give gratitude and come back.