

Connecting with Akashic Record Keepers

1. Hearing and connecting with your Angels and Spirit Guides, Angelic Presences and your Light Team is a crucial aspect of this Akashic Records spiritual journey.
2. Its important to be doing your shadow work so that you can distinguish with discernment if a message is coming from Light or Dark energies.
3. Ask your Angels to keep you in the Light.
4. How do you know its a sign/a presence, you will and can trust ? Take your time as there is no rush just as you get to know a new friend slowly and gently, be patient with any new energy or angelic presence you sense around you.
5. They will understand and respect your need to take it slow.
6. You may doubt at first its natural too, but try to trust it and listen, if you tune in and connect to the signal, it will connect back to you and a relationship will begin to develop.
7. Take care and be discerning when receiving messages or guidance for yourself in these clearing sessions.
8. You know best and you will be guided to working it out for yourself by being supportive and clear of your own journey.