

## ***Ancestral Vow Clearing***

Today I willingly and lovingly release myself from any kind of vows (mannat, saugandh, navas, shapath, zabaan, promise, kasam, oaths) that any of my ancestors must have made knowingly or unknowingly in many lifetimes and forgotten to fulfill them or complete them or must have left anything incomplete.

Also, from today I am ready to be mindful of every word I speak and use to describe my ancestors so that it leads to my freedom from any kind of vows made by them.

I am ready, willing and in the process of being independent, prosperous and abundant in all areas of my life and so I dissolve and release all such incomplete and/or destructive and/or bondage vows that they may have made in this or any other lifetimes.

I ask my Guardian Angels and/or Maa Kaali that you completely sever, undo and untangle me from any such binding vows of unworthiness, low confidence, poverty, self-denial, low self-esteem or self-destruction.

I ask and pray that all effects of these vows, now and forever, be undone, cancelled, cleared & deleted spiritually in all directions of time and space for myself and for everyone involved.

And I am free !

The ancestors are free !

And we are free !

And so it is !

Thank You !

***Touch belly button and read loudly 7 times.***