

CONSCIOUS LIVING with Angels

Purification/Cleansing

Precious and Beloved Universe,

Today, I acknowledge your Presence and your Power.

I ask that anything that no longer serves my greatest good, everything that blocks, delays, obstructs or denies your Presence and Power within or around me, be eliminated from my mind, heart and life at its deepest root and cause.

I decree and declare that I am now set free from anger, shame, guilt, fear, bitterness, hurt, unforgiveness and any other toxic energy that can delay my physical, mental, emotional or spiritual healing, development and progress.

I ask for and open myself to receive the purifying light of your Presence easily, gently and with grace.

I give thanks for the fulfillment of this request. I accept it is so. And so, it is!

