

# **MAINTAINING PROTECTION Of the 6 aspects of Life**

**Beloved and respected Universe,**

**I have made mistakes in how I have treated my human resources in the past and I ask that all effects of these mistakes be undone and forgotten in all directions of time and space by myself and everyone involved.**

**I ask the Universe to heal my Soul, my spiritual field.**

**I ask the Universe to heal my Mind, the house of my beliefs.**

**I ask the Universe to heal my Heart, the seat of my emotions.**

**I ask the Universe to heal my Body, the abode of my soul.**

**I ask the Universe to heal my Food, the building material of life.**

**I ask the Universe to heal my Space, my living and working area.**

**And so it is! Thank You!**

