

Disadvantages of Vows

1. We feel restricted and bonded.
2. Can cause painful emotions and memories.
3. We start craving for freedom and pleasure.
4. We do not feel liberated and blossoming.
5. It can have an impact on family DNA and lineage.
6. Can cause mild traumas and personal problems.
7. Continuous anxiety leads to untold misery.
8. After effects can lead to professional hazards.
9. Can disempower the normal pace of life.
10. Can alter the power dynamics in a joint family.
11. Gives rise to wrong communication signals.
12. May hamper ease of creativity and passion.
13. Can disrupt smooth flow and nourishing of prana.
14. May alter your purpose and expression of life.