

Vow Release Statements

- (1) I am willing to release all vows today.
- (2) I release and let go of all vows today.
- (3) I am grateful for releasing all vows today.

Vow Release Declaration

I am willing to cut, clear and delete all vows of poverty, self-control, self-sabotage, self-sacrifice, chastity and any other resistance of energy from allowing me to live through my highest and purest self.

I dissolve the energies of all existing vows in all directions of time and space for myself and for everyone involved and I am now free to chart my own course for life.

And so it is ! (3)

Thank you ! (3)